

## 2 Peter 1:3-11

<sup>3</sup> His divine power has given us everything we need for life and godliness through our knowledge of him who called us by his own glory and goodness. <sup>4</sup> Through these he has given us his very great and precious promises, so that through them you may participate in the divine nature, and escape the corruption in the world caused by evil desires.

<sup>5</sup> For this very reason, make every effort to add to your faith goodness; and to goodness, knowledge; <sup>6</sup> and to knowledge, self-control; and to self-control, perseverance; and to perseverance, godliness; <sup>7</sup> and to godliness, brotherly kindness; and to brotherly kindness, love. <sup>8</sup> For if you possess these qualities in increasing measure, they will keep you from being ineffective and unproductive in your knowledge of our Lord Jesus Christ. <sup>9</sup> But if anyone does not have them, he is nearsighted and blind, forgetting that he has been cleansed from his past sins.

<sup>10</sup> Therefore, my brothers be all the more eager to make your calling and election sure. For if you do these things, you will never fall, <sup>11</sup> and you will receive a rich welcome into the eternal kingdom of our Lord and Saviour Jesus Christ. participate in divine nature

## 1 Corinthians 9:24-27

<sup>24</sup> Do you not know that in a race all the runners run, but only one gets the prize? Run in such a way as to get the prize. <sup>25</sup> Everyone who competes in the games goes into strict training. They do it to get a crown that will not last, but we do it to get a crown that will last forever. <sup>26</sup> Therefore I do not run like someone running aimlessly; I do not fight like a boxer beating the air. <sup>27</sup> No, I beat my body and make it my slave so that after I have preached to others, I myself will not be disqualified for the prize.

## Hebrews 12:1-2

<sup>1</sup> Therefore, since we are surrounded by such a great cloud of witnesses, let us throw off everything that hinders and the sin that so easily entangles. And let us run with perseverance the race marked out for us, <sup>2</sup> fixing our eyes on Jesus, the author and perfecter of faith. Who for the joy set before him he endured the cross, scorning its shame, and sat down at the right hand of the throne of God.



1. addONE: Proven & Developed Faith
2. addONE Virtue: Becoming more like Christ in character  
Goodness & Knowledge
3. **addONE Virtue: Become more like Christ in character  
Self-control & Perseverance**
4. addONE Virtue: Becoming more like Christ in character  
Godliness
5. addONE Virtue: Becoming more like Christ in character  
Brotherly kindness & Love
6. addONE Ministry: Becoming more like Christ in service
7. addONE Person: Becoming more like Christ in seeking the lost: Pt 1
8. addONE Person: Becoming more like Christ in seeking the lost: Pt 2



## Self Control & Perseverance

The race:

### THE STRUGGLE

1 Cor 9:25 Everyone who competes in the games goes into \_\_\_\_\_

agonizomenos panta ektratouetai =

Matthew 5:27-30 What drastic measures does Jesus tell us to take to deal with sin:

Why?

### SELF CONTROL

self control =

Edmund Hilary: It is not the \_\_\_\_\_ we conquer, but \_\_\_\_\_

What are the mountains we need to conquer?

1. Every great change towards God begins with \_\_\_\_\_

2. And continues with \_\_\_\_\_

Luke 9:23 If anyone would come after me, let him \_\_\_\_\_ and take up his cross daily and follow me

### PERSEVERANCE

Perseverance:

Hebrews 12:1-2

1. Deal with all \_\_\_\_\_ that would hinder your race.

2. Live for a higher \_\_\_\_\_.

There is a \_\_\_\_\_ marked out for you.

3. Keep going in the \_\_\_\_\_ of God.

\_\_\_\_\_ on Jesus the author and perfecter of your faith...

1. When you think of life as a race, what are the various elements of being in a physical race that apply to life in general?

2. Read 1 Corinthians 9:24-27 (back cover). What is Paul's motivation for the "strict training" that he puts his body through?

What kind of things do you think this entails in his life? What do you think he means by the statement, "I beat my body and make it my slave"?

3. Read Matthew 5:27-30. Why do you think Jesus says to take such drastic measures?

4. What is the spiritual aspect of self control?

What is the natural aspect of self control?

5. Read Hebrews 12:1-2.

What are the kind of things that could hinder your race?

a. Distractions:

b. Sins:

What do you think is the race that is marked out for you?

How do we keep going in the strength of God?